Centro sperimentale Danza Teatro

Soggetto: ASSOCIATION

Deals with: TRAINING

The CSDT focuses on training and the promotion of the contemporary and inclusive dances named “danceability” and “teatrodanza”. It offers a precise path both for artistic or technique training, through research that oscillates between the experimentation of the physical dynamics to the study and the deepening of an authentic and creative physical presence.

A particular attention is needed to recognise and “live” in the micro movements and to listen to the real “natural” movement in relation to the space and time. An approach to the contemporary dance techniques which aims to service an expansive taste, in connection with ourselves, with the space, weight and the people with whom you will dance in a continuous dialogue.